

Informed Consent Form

Welcome to The Creative Social Worker with Tiffany McCabe. I am happy to be able to serve you and your family. Please read the following professional therapy/ counselling service terms.

I, _____ hereby consent to receiving therapy/ psychotherapy treatment with the following understandings:

Confidentiality I understand that all information shared with my therapist is confidential and no information will be released without my written authorization. I understand that any personal information that is collected is done so under the Privacy Protection Act and is gathered by The Creative Social Worker is solely for the purposes of collecting fees, mailing forms, and arranging appointments. This information will not be released to other third parties or used for any other purpose than those outlined within this document.

Verbal consent for limited release of information may be necessary in special circumstances which will be discussed and attained prior to any action taken with my personal information. I further understand that there are specific and limited exceptions to this confidentiality which include the following:

A. When there is risk of imminent danger to myself or to another person, my therapist is ethically and legally bound to take necessary steps to prevent such danger. This may include contacting relevant authorities even if I do not wish my therapist to do so.

B. When there is a reasonable suspicion that a child or elder or any vulnerable person is being sexually, physically or emotionally/psychologically abused or neglected or is at risk of such abuse, my therapist is legally required to take steps to protect the person, and to inform the proper authorities.

C. All other requests for my personal information to be either released or obtained by my therapist or other professionals (e.g., my family physician, lawyers, etc.) will be discussed as they arise and will require my written permission to comply, unless ordered by court

D. In case I have elected to see my therapist out of multiple offices, I understand that this requires the physical transfer of my file, which may jeopardize my confidentiality (i.e. In case of a vehicle collision or theft).

Therapy agreement

I understand that I am eligible to receive evidence-based treatment in the form of individual/group/family therapy. The type and extent of service that I will receive will be collaboratively determined through discussion with me.

I understand that I am free to discontinue these services at any time without penalty or prejudice (with the exception of late cancellations/no shows as identified below) and that I am encouraged to discuss either a change in therapist, approach, or a referral to another professional with my therapist to ensure that I receive the best care possible.

I understand that this consent will remain in effect until such a time as I withdraw it via written consent or discontinue services with my therapist by informing them of my intent to do so. Please note that Tiffany McCabe does not write letters in support of custody.

Attendance

Individual therapy sessions are 50 minutes in duration. Session frequency can vary over the treatment period, depending on the specific therapy goal and the progression of treatment. I agree to inform my therapist 24 hours prior to our appointment time if I need to cancel or change an appointment time. I understand that unexcused no shows or late cancellations will be automatically billed/charged at 50% of the total cost of the session booked.

Welcome to The Creative Social Worker!

At The Creative Social Worker, I provide a wide range of highly qualified professional therapy. Working together we will be able to identify goals for counselling and to evaluate your progress towards these goals.

Financial agreement

I hereby agree to pay all fees relating to services received at The Creative Social Worker. I acknowledge that my session fee is \$125 per session. Please pay e-transfer to tiffmccabe@gmail.com, or cheque to Tiffany McCabe. Other billable services, such as report writing, professional letters, form completion, and review of written records from other specialists are billed at the same rate. A receipt will be given after each session, which may be used for private health insurance or for tax purposes.

Risks and benefits

I understand that while psychotherapy may provide significant benefits based on empirical evidence, it may also pose risks. Psychotherapy may elicit uncomfortable thoughts and feelings, or may lead to the recollection of troubling memories. I also

understand that choosing not to engage in therapeutic treatment may also result in greater discomfort or escalating risks. It has been explained to me that my feedback and communication about the therapy process and impact is crucial in reducing my risk for harm, and my therapist has encouraged me to communicate any concerns or discomforts with them as soon as is feasibly possible in my treatment. I also acknowledge that therapy is most effective when I am comfortable with my therapist and so, should I not feel comfortable or connected to this therapist I will either request a transfer to another individual or make my concerns known in order to best facilitate care for myself.

Rights and responsibilities

I have a right to be treated with respect, dignity, and without discrimination regardless my age, gender, mental and physical status, sexual orientation, race, belief system or ethnic background. I can expect from my therapist to make their best effort to conduct therapy as competently as possible. I have a right to ask questions at any time, be informed by my therapist as to their qualifications, areas of specializations and limitations, and the code of ethics which they follow. I have a right to be advised as to the limits of therapeutic service, discuss my treatment with others (including getting a second opinion). I understand that I may stop treatment at any time.

Communication

Please note that I am accessible by phone, emails, or text. I will do my best to respond within 48 hours. Please note that my phone is password protected, however, there is always limitations to confidentiality through electronical devices.

Accountability

I am registered with the Ontario College of Social Workers and Social Service Workers (OCSWSSW) and carry the designation “RSW”. I am accountable to a regulatory body that is administered by the Provincial Government to regulate the practice of Social Work in Ontario and to ensure that all registered members are competent and that they abide by a code of ethics and standards of practice set out by the regulatory body. For more information about the Ontario College of Social Workers and Social Service Workers (OCSWSSW) visit their website at www.ocswssw.org or contact them at 1-877-828-9380.

Client (please print): _____

Witness (print)

Signature: _____

Signature: _____

Date: _____

CLIENT CONTACT INFO:

NAME: _____

Phone Number: _____

E-Mail: _____

I have read the above and understand its contents. I agree to abide by the provisions set forth above.

Client's Signature Date

Therapist's Signature Date

Consent for Treatment of Minors:

I/We _____ parent(s)/

guardian(s) of _____,

who is under the age of 19,

grant permission t

o _____ to

treat our child as a client.

Signature of Parent or Guardian: _____ Date: _____

Signature of Therapist: _____ Date: _____